

Time	Class Name	Level (Ability)	Level (Age)	Teacher	Term Fee (inc. GST) Based on 10wk Term	Casual Fee (inc. GST) Per Class
<b>Monday</b>						
4:00pm to 4:30pm	Hip Hop All Styles - Kindy Hip Hop	Beginner	4yrs to 6yrs	Srijit MG	\$120.00	\$19.00
4:00pm to 4:45pm	Hip Hop All Styles - Mini Funksters	Beginner	6yrs to 9yrs	Jasmin Buttery	\$160.00	\$19.00
4:30pm to 5:15pm	Hip Hop All Styles - FunkBeatz	Beg/Int	9yrs to 12yrs	Srijit MG	\$160.00	\$19.00
5:30pm to 6:15pm	Hip Hop All Styles - FunkCrew	Beg/Int	13+yrs	Vincent Bui	\$160.00	\$19.00
5:30pm to 6:30pm	K-Pop	Beginner	Open Age 10+	Jasmine Lynch	\$170.00	\$19.00
6:15pm to 7:15pm	Breaking (Breakdance)	Beg/Int	Open Age 10+	Vincent Bui	\$170.00	\$19.00
7:15pm to 8:15pm	Hip Hop All Styles - Adult Intermediate	Intermediate	Open Age 20+	Michelle Stabile	\$170.00	\$19.00
8:15pm to 9:15pm	Hip Hop Foundation and Choreography - Adult Beginners	Beginner	Open Age 20+	Michelle Stabile	\$170.00	\$19.00
<b>Tuesday</b>						
4:00pm to 4:45pm	Hip Hop All Styles - Mini Workshoppers	Beg/Int	6yrs to 8yrs	Vincent Bui	\$160.00	\$19.00
4:45pm to 5:30pm	Hip Hop All Styles - KrushGroove	Beg/Int	9yrs to 13yrs	Vincent Bui	\$160.00	\$19.00
5:30pm to 6:30pm	Contemporary/Acrobatics	Beginner	Open Age 10+	Georgia Lloyd	\$170.00	\$19.00
5:30pm to 6:30pm	School of Hip Hop - Kids	Beginner	Open Age 10+	Vincent Bui	\$170.00	\$19.00
5:30pm to 6:30pm	School of Hip Hop - Adults	Beginner	Open Age 20+	Vincent Bui	\$170.00	\$19.00
6:30pm to 7:45pm	Junior Crew (Audition/Try outs)	Intermediate	9yrs to 13yrs	Chev Palada	\$180.00	N/A
7:45pm to 8:45pm	Hip Hop Social Dance	Beginner	Open Age	Michelle Stabile	\$170.00	\$19.00
<b>Saturday</b>						
9:15am to 10:00am	Hip Hop All Styles - Mini Groovers	Beginners	6yrs to 9yrs	TBA	\$160.00	\$19.00
9:15am to 10:00am	Hip Hop All Styles - GrooveCrew	Beg/Int	9yrs to 10yrs	Melissa Valentyn	\$160.00	\$19.00
10:00am to 11:00am	Hip Hop All Styles - Beat Street Crew	Beginners	11yrs to 12yrs	Srijit MG	\$170.00	\$19.00
10:00am to 11:00am	Hip Hop All Styles – Gangsta Squad	Beg/Int	12yrs to 14yrs	Jamie Siow	\$170.00	\$19.00
11:00am to 12:00pm	Hip Hop All Styles - Electric Crew	Intermediate	13yrs to 17yrs	Jamie Siow	\$170.00	\$19.00
12:00pm to 1:30pm	Senior Crew (Audition/Try Outs)	Intermediate	13yrs+	Jamie Siow	\$190.00	N/A

## Terms & Conditions

- TERM FEES:** Term fees are due by **1<sup>st</sup> week** of term. Casual fees are due at the beginning of class.
- REFUNDS:** There are no refunds on absences but students can do a makeup class at the same age or higher.
- CLASS SIZE:** If a class has less than 5 students it will either be cancelled or combined to another class or charged at a private lesson rate depending on the numbers in the class. This will be advised to the parents a term ahead if this is to occur.
- CLASS CANCELLATIONS:** Classes may be cancelled if special workshops/concerts or performances occur. Classes will be refunded or make up classes will be given. Every effort to give adequate notice of cancellation will occur.
- GENDER MIX:** All classes are mixed gender unless otherwise specified.
- STUDENT AGE:** Ages are an estimate and students will be placed in classes that cater to their dance level and dance maturity as they develop.
- TEACHERS:** Teachers may be subject to change without notice. We do our best to keep consistent teachers for your classes through the year.
- HIP HOP DANCE STYLE:** Hip Hop Dance Styles come from the street as well as the commercial dance studio. As Groovexone has teachers from all walks of life, ages and experience you can find any variety of these styles in class.
- All Styles:** These classes can have any form of the street styles of dance.

## Styles of Dance at Groovexone

### Breaking (Breakdance)

Breaking was created in the South Bronx, New York City during the early 1970s. It is the original style of hip-hop dance. Breaking includes four foundational dances: Toprock - footwork-oriented steps performed while standing up. Downrock - footwork performed with both hands and feet on the floor. Freezes - stylish poses done on your hands. Power moves - Complex and impressive acrobatic moves.

## **Street Funk Styles of Dance (Popping & other street styles)**

### **Popping**

This dance form was created in Fresno, California in the 1970s and popularized by Samuel "Boogaloo Sam" Solomon and his crew the Electric Boogaloos. It is based on the technique of quickly contracting and relaxing muscles to cause a jerk in a dancer's body, referred to as a *pop* or a *hit*. Each hit should be synchronized to the rhythm and beats of the music.

### **Strobing, strutting, liquid, waving and robot.**

These are all separate street funk styles originating from West Coast America "popping".

In liquid, the body movement looks like water.

Strobing (also called ticking) the movements look staccato and jerky.

Floating, gliding and sliding. These are lower body dances performed with little to no movements in the chest or arms.

Tutting is an upper body dance that uses the arms, hands, and wrists to form right angles and create geometric box like shapes.

### **Locking**

Locking, originally called Campbellocking, was created in 1969 in Los Angeles, California by Don "Campbellock" Campbell and popularized by his crew The Lockers. The *lock* is the primary move used in locking. It is "similar to a freeze or a sudden pause." A locker's dancing is characterized by frequently *locking* in place and after a brief freeze moving again.

### **Party Dancing**

Hip-hop social dancing (party dancing). Novelty and fad dances such as the Roger Rabbit, the Cabbage Patch, and the Worm appeared in the 1980s followed by the Humpty dance and the Running Man in the 1990s. The music of the day was the driving force in the development of these dances. The TV Show Fresh Prince of Bel Air demonstrated some of these party styles.

### **Commercial Hip Hop/Teacher Freestyle Choreography**

The dance industry responded to hip-hop dance by creating a commercial version of it. This studio hip-hop, sometimes called "new style", is the kind of hip-hop dance seen in rap, R&B, and pop music videos and concerts. In the context of the commercial dance industry, hip-hop is the freestyle movements of the choreographer put into a dance routine with studio technique added to it. From a technical aspect, it is characterized as hard-hitting involving flexibility and isolations—moving a specific body part independently from others. In addition, emphasis is placed on musicality how sensitive your movements are to the music—and being able to freestyle (improvise).

## **Jazz-Funk/Street Jazz**

Another style the dance industry created in response to hip-hop was *jazz-funk*. This style was shown in its early form on a sketch comedy series called *In Living Color*. The resident dance troupe, The Fly Girls, opened and closed every show with a hip-hop and jazz performance choreographed by Rosie Perez. Jazz-funk (also called street-jazz) is a hybrid of hip-hop and jazz dance. R&B singer Beyoncé uses this style.

## **School of Hip Hop**

Great class if you have never done any hip hop. You get to learn all the foundational Party moves as described in "Party Dancing". It's an open age class allowing anyone to join and work on moves slowly, build speed, repetition and fitness. There is also workshop time where you will be given certain moves to work on and practise as the teacher comes around the class to individually help out students.

## **Hip Hop Social Dance**

Great class for anyone who would love to dance, get moving and have fun. No performing just dancing and socialising and enjoying all the funky music being played in class. It's not how you look it's how your soul feels when you leave at the end of class. Our class combines fun party dancing like Fresh Prince of Bel Air fun. Fad Dances like Nae Nae, Dougie and whatever new dances come along. Soul Line dances like Electric slide and cupid shuffle.

## **Hip Hop Crew Classes**

Students in these classes attend another class within Groovexone so they continue with their routines in the show. Crew class is all about team connection working on fitness and focussing on particular projects which require constant practise and repetition.

## **K-Pop**

Is short for Korean pop. It's a genre of popular music originating in South Korea. It is influenced by styles and genres from around the world, such as experimental, rock, jazz, gospel, hip hop, R&B, reggae, electronic dance, folk, country, and classical on top of its traditional Korean music roots.

The dance is essentially video clip and hip hop dance that's choreographed to K-Pop music, which has a faster tempo than most old-school lyrical hip hop songs with elements of Vogueing, waacking, jazz, funk, hip hop, krump, breaking, locking and popping.

## **Contemporary & Acrobatics**

Contemporary dance is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet. Contemporary dancers strive to connect the mind and the body through fluid dance movements.

Acro dance is a style of dance that combines classical dance technique with precision acrobatic elements. It is defined by its athletic character, its unique choreography, which seamlessly blends dance and acrobatics, and its use of acrobatics in a dance context.