

Teaching Faculty

Faculty

Teachers at Groovexone come from all walks of life, education and experience not only in Hip Hop but all forms of dance. Our teachers have first aid certificates, mandatory reporting and police security checks. They continue to train or perform in dance either formally through various education systems or informally through interstate and overseas dance workshops. Each teacher has their own unique style and interpretation of Hip Hop which they bring to Groovexone that enriches all our dancers at the studio.

Michelle Stabile

Groovexone Dance Director/Senior Dance Teacher/Choreographer

Michelle was put in dance classes from the early age of 4 studying callisthenics, ballet, jazz and tap. Her first inspirations were MGM Hollywood Musicals and their artists like Gene Kelly, Fred Astaire, Cyd Charisse and Anne Miller. Michelle loved dancing but never felt quite the classically trained kind of dancer. Until the late 1970's early 80's when Break-dance, Michael Jackson and MTV burst on to the scene and she finally found the street funk dance style that suited her. Michelle continued her formal dance training at the Johnny Young / Mighty Good Talent School. As well as becoming a self taught street funk dancer at the time. She would and still soaks up any video clip or movie relating to break-dance and commercial dance. She also began to work as a freestyle dancer in the clubs around Adelaide. She continued more formal training with Rachel Symons (studied Theatrical Exams C.S.T.D) and Kylie Cunningham (Theatrical Dance Academy – studied the full Jazz Syllabus C.S.T.D.) Michelle currently attends as many hip hop workshops she can with international, interstate and local hip hop professionals. Most recently in 2015 with Popin' Pete from the Electric Boogaloo's. Michelle is an Affiliate Member of the Australian Teachers of Dancing (Affil ATOD). She is currently studying her Certificate IV in Dance Teaching and Management.

Michelle opened Groovexone in 2000 to begin teaching this dance style because she loved it so much and there didn't seem to be any dance classes out there at the time for this style. Michelle's passion is developing all Groovexoners in their love of Hip Hop Dance and music.

Michelle loves the fact the hip hop community is growing in Adelaide. She is excited that today's generation has hip hop delivered to its door through a computer screen from the other side of the world and the many more opportunities that are coming our way unlike back in the day. Michelle's hip hop dance style is mainly Street Funk but loves Old, Middle & New School Hip Hop dance with elements of the original hip hop dance form break-dance. It all depends on the music and how it moves you to get you in the "Groovexone".

Alana Tedesco

Senior Dance Teacher/Choreographer

Alana's beginnings in dance were in Hip Hop at the age of 10 with Groovexone. Alana loves to perform as can be seen in her energy and enthusiasm when she dances. She has completed SACE Stage 1 & 2 dance in 2010 & 2011. In 2012 she completed the Certificate IV in Dance at Gravity Dance Studios. This training helped Alana adopt other dance styles such as contemporary, jazz, ballet and breakdance. Alana continues her dance training through Groovexone & attending workshops run local, interstate and overseas artists. Learning from amazing choreographers like Ian Eastwood, Les Twins, Chachi Gonzales, Lyle Beniga, Eddie Morales and Mike Song just to name a few. Alana's goal in 2014 is to travel to America and soak up the Dance Scene with as many choreographers as possible and then look at where that will take her.

Alana has won the Groovexone Student of the Year award in 2008, 2009 and 2010. Alana started student teaching in 2009 and made the transition to the teaching faculty in 2011. Alana is also part of our Administration team and Workshop team that goes out to teach Hip Hop at and through council funded programs.

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HIP HOP DANCE STUDIO

Alana Tedesco Cont.....

Senior Dance Teacher/Choreographer

Alana's initial inspiration to start dance was seeing Alyson Stoner dancing in one of Missy Elliott's video clips. Her dance inspirations are the LXD (League of Extraordinary Dancers), I.Am.Me, 8 Flavahz and MosWantedCrew. Alana's main choreography is new school style but also likes to have elements of street funk and commercial hip hop dance and isn't afraid to mix various hip hop styles together.

Jasmine Coppinger

Senior Dance Teacher/Choreographer

Jasmine 'Jaz' Coppinger- dance is who she is, she lives and breathes dance. She started calisthenics as soon as she began walking and has been in classes for twenty years now.

Jaz has dance experience in calisthenics, contemporary, classical ballet, jazz, acro and hip hop. She has completed her SACE Stage one and two in Dance. She is currently in her 4th year of her Bachelor of Education (Primary & Middle) at Uni SA, majoring in TESOL (teaching English to speakers of other languages) and performing arts including dance and drama. In 2014 Jaz completed a Certificate IV in Dance at Gravity Dance Studios.

Jaz is hard working dedicated and very passionate about dance as an art form from both a teaching and dancers point of view. Her energy is infectious and she is not afraid to literally get down on the floor when she dances. This is Jaz's fifth year teaching at Groovexone and she is looking forward to going to the next level with her dancing and bringing it to the Groovexoners.

Alyssa Maio

Intermediate Dance Teacher/Choreographer

Alyssa has been dancing from before she could remember. She was moving her body to the beat of the music even before she could walk. She started dancing at Groovexone at the age of 4 and has been at Groovexone for 13 years. Alyssa started student hip hop dance teaching in 2010 and found a natural groove as a teacher. Her teaching ability is far beyond her young age of 17 and in a couple of years has progressed into an Intermediate Teacher role at the studio. In 2016 Alyssa will begin her first year studying teaching at UniSA.

Throughout her time at Groovexone Alyssa has performed at shopping malls including Rundle Mall, spring fetes and all of Groovexone's in house shows such as Dance Jam Shows and Awards Nights. Her love of dancing is evident with the enthusiasm she brings to her classes whether she is teaching them or partaking in classes for her own self development in dance. She is constantly dancing and moving around to music, it is a natural part of her.

Alyssa has completed SACE stage 1 and 2 dance at Kildare College where she was able to extend herself in a variety of dance styles. At Groovexone she has trained in Project X which comprises of Hip Hop Exam Levels and Advanced Hip Hop Choreography. She has also been a part of Groovexone's 'Concept Crew' who entered Australia's Hip Hop Competition 'Battlegrounds' in 2013, 2014 & 2015, giving Adelaide hip hoppers a taste of Groovexone.

Alyssa loves everything hip hop and dance and is not biased to anyone form of music or dance style but goes with what moves her.

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HIP HOP DANCE STUDIO

Rachael Djorem

Intermediate Dance Teacher

Rachael states that dancing isn't a part of her life, it is her life. She started dancing when she was only 2 ½ years of age and has been dancing for over 16 years now.

In this time she has dance experience in Jazz, Tap, Contemporary, Classical Ballet and Hip-Hop. Rachael has completed many C.S.T.D and R.A.D examinations within the Tap, Ballet and Contemporary dance genres. She has completed her SACE stage 1 and 2 in 2010 and 2011. She then went on to complete her Teachers Certificate in Tap through the Commonwealth Society of Teachers of Dance. This gives her a qualification not just for tap but other dance genres such as Ballet, Jazz and contemporary. She is currently in her 3rd year of studying Occupational Therapy at the University of South Australia.

Rachael has also competed in many dance competitions and has achieved many aggregates and awards in the competitions. Rachael wishes to continue to travel interstate and overseas to experience different dance styles around the world. She was inspired to do this after a trip to London, UK to dance at Pineapple Studios as well as dancing at Brent Street Dance Studios in Sydney.

Rachael's hip-hop choreography is a new style mixed with other various elements of hip-hop such as funk, street dance and gangster style. Rachael's ambition is to teach students a unique style of hip-hop that will show their incredible talents. Rachael strongly believes that hip-hop gives her a sense of freedom and happiness, which she infectiously shares this passion with the Groovexoners.

Emelia "Millie" Williams

Intermediate Dance Teacher

Millie has long felt a strong draw towards hip hop dance and music. She was unable to put a name to the style until she watched 'So You Think You Can Dance,' and was inspired by routines choreographed by Tabitha and Napoleon and dancers such as Twitch of Season 3. Once Millie commenced her dance journey in 2012 she has never looked back and is speeding ahead full throttle. In 2 years she found herself competing in various competitions. Millie quickly rose through the ranks at Pure Funk Dance studio, and joined their State Champion crew in 2014. She has organised and led groups of dancers since 2012, most notably in a 40 strong flashmob of 'Gangnam Style' in 2012. She has organised fundraisers for her various dance groups and crews.

Millie strongly believes in gaining dance knowledge from as many sources as possible, and to do these dances at different studios all over Adelaide. She also jumps at every opportunity to learn from workshops with visiting dancers from interstate and overseas. She has learned from notable dancers such as Hilty & Bosch, Dumbo (Poreotics), Tight Eyez, Les Twins, Brian Puspos, Ryan Carr (ZBOYS), Laurence Kaiwai, Dave Scott, and Big Pat (Philippine Allstars). Millie's passion is for Old School hip hop and 90s party dancing, as well as funk styles like popping and locking.

In 2016 Millie is continuing her studies in her Bachelor of Arts Course at the University of Adelaide, majoring in Linguistics and Anthropology. Dance wise she will be training and performing in Code Magenta and Tektonix crews while also training to expand her knowledge in different dance genres.

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HIP HOP DANCE STUDIO

Sarah Lever

Intermediate Dance Teacher

Sarah commenced dancing at age 3 in her hometown of Renmark, South Australia. Even as a child, Sarah has shown great promise in dancing. Sarah has over 20 years of experience in performing, competing and teaching dance. Sarah has successfully competed in Eisteddfods in Regional Victoria and Adelaide. The enjoyment she feels while dancing is second to none, nothing makes her happier than feeling the freedom of movement.

In 2012, Sarah completed Certificate IV in dance at Gravity Dance and in 2013 she accepted an offer to study at Adelaide College of the Arts undertaking a Bachelor degree in Dance, but unfortunately concluded her time there after 6 months due to chronic hip injury. In 2016 Sarah is pursuing a career in dental hygiene. Sarah mostly admires the style of Caetlyn Watson, Rob Mclean and Brian Puspos and counts them as her biggest influences. Music plays a big part in Sarahs love for dance. Her biggest influences to produce choreography are Kendrick Lamar, Chris Brown and Childish Gambino.

As well as Hip Hop, Sarah is grateful to have the versatility to also teach Contemporary, Jazz and Ballet. Sarah believes every student is as important as the next and takes pride in helping each dancer achieve their goals. This year is Sarahs second year teaching at Groovexone and she is eager to continue teaching and to be inspired by her students.